



# Mr. Wilcox's 2009-2010 Curriculum Map



|            | August  | September   | October   | November  | December   | January   | February   | March  | April                                       | May  |
|------------|---|---|---|---|--|---|--|--|---|--|
| <b>K</b>   | PE Intro: Rules, Routines, Cooperatives                     | Movement Concepts<br>Locomotive Patterns<br>Directions<br>Space Awareness   | Movement Concepts: Levels, Pathways: Skills and Games<br>Hand-eye coordination: Activities with bean bags | Scarf Juggling and volleying with body and paddles              | Parachute Activities and seasonal games                              | Intro to Skills: Jumping and Landing: Distance and Height | Skills: Rolling, Throwing, and Catching Games                | Striking: Pillow Polo<br>Kicking/<br>Dribbling: Feet | Dribbling with Hands<br>Olympic Day Prep    | Olympic Day Prep.                                  |
| <b>1st</b> | PE Intro: Rules, Routines, Name Games, and Cooperatives     | Review: Locomotion and Pathways Volleying with the body                     | Kicking/Dribbling   | Rolling/Throwing and Catching Games for Throwing and Catching   | Basketball: Dribble, Pass, and Shoot<br>Small sided Basketball Games | Parachute Activities and seasonal games                   | Striking with Paddles: Skills/Routine<br>Cup Stacking Relays | Pillow Polo<br>Bowling                               | Skills and Games in Review Olympic Day Prep | Olympic Day Prep.                                  |
| <b>2nd</b> | PE Intro: Rules, Routines, Name Games, and Cooperatives     | Review: Locomotion and Pathways Volleyball Skills and Games: Bump and Serve | Kicking/Dribbling   | Rolling/Throwing and Catching Games for Throwing and Catching   | Basketball: Dribble, Pass, and Shoot<br>Small sided Basketball Games | Parachute Activities and seasonal games                   | Striking with Paddles: Skills/Routine<br>Cup Stacking Relays | Pillow Polo<br>Bowling                               | Skills and Games in Review Olympic Day Prep | Olympic Day Prep.                                  |
| <b>3rd</b> | PE Intro: Rules, Routines, Name Games, and Cooperatives     | Volleyball Skills and Games: Bump, Set and Serve                            | Soccer: Kicking/Dribbling   | Throwing and Catching w/Partner Games for Throwing and Catching | Basketball: Dribble, Pass, and Shoot<br>Tournament Play              | Parachute Activities and seasonal games                   | Striking with Paddles: Skills/Routine<br>Cup Stacking Relays | Pillow Polo<br>Jump Rope skills                      | Skills and Games in Review Olympic Day Prep | Olympic Day Prep.                                  |
| <b>5th</b> | PE Intro: Rules, Routines, Name Games, and Cooperatives     | Punt Pass and Kick/Cooperatives   | Presidential, Volleyball  | Soccer skills/tournament<br>Bowling                             | Jump Rope skills/Routine   | Games:dodgeball<br>Basketball<br>Juggling                 | Cup Stacking<br>Track and Field: Skills/Testing              | Track and Field: Testing                             | Track and Field Testing                     | Kickball<br>Bocce<br>Speedball<br>Olympic Day Prep |
| <b>6th</b> | Introduction, Expectations, Rules, Grading and Cooperatives | *Games, *Echo week Prep, Punt, Pass, Kick Skills, Games and Testing         | *Presidential Fitness Testing<br>*Soccer  | *Lacrosse *Volleyball   | *Floor Hockey *Cup Stacking *Games                                   | *Jumprope skills<br>*Fitness & Routines<br>*Basketball    | *Basketball and Field<br>*Track                              | *Track & Field testing                               | TBD   | *Olympic Day Prep<br>*Games *Ultimate Frisbee      |

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| <b>PE Elective</b> | PE Intro: Rules, Routines, Name Games, and Cooperatives | Team Sports Camp Fitness Activities<br><i>Create-a-Game</i> | Team Sports Camp Fitness Activities<br><i>Game Day</i> | Team Sports Camp Fitness Activities<br><i>Game Day</i> | Team Sports Camp Fitness Activities<br><i>Game Day</i> | PE Intro: Rules, Routines, Name Games, and Cooperatives | Team Sports Camp Fitness Activities<br><i>Game Day</i> | Team Sports Camp Fitness Activities<br><i>Game Day</i> | Team Sports Camp Fitness Activities<br><i>Game Day</i> | Team Sports Camp Fitness Activities<br><i>Game Day</i> |
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